

PRYC

**SPRING/
SUMMER
2021**

Welcome to the
Pine-Richland Youth
Center!

We encourage you to
browse through our
Spring/Summer program
book and register online
for any of the programs at
www.pryc.org.

Stop in anytime to visit the
PRYC and see all of the
dynamic things happening!



Website:

www.pryc.org

Email:

info@pryc.org

Phone:

724-443-3796

Address:

5554 Community
Center Drive,
Gibsonia PA
15044

YOUTH PROGRAMMING

KIDS YOGA - AGES 5-7

Designed for the younger child ages 5-7, this introduction to yoga will teach mindfulness and positive life focus. This will be taught through learning easy yoga postures, breathing techniques, stories, games and crafts. Wear comfortable clothes. You may bring your own yoga mat or a large towel.

Dates: Tuesdays for six weeks beginning April 6th-May 11th

Time: 5:45-6:30PM

Instructor: Michelle Lawler

Cost: \$50

Location: PRYC Auxiliary Gym

YOGA FOR TWEENS- AGES 8-12

Tweens ages 8-12 years old are invited to focus on the safe, correct way to do yoga postures in a fun class atmosphere. Yoga strengthens the body making it an excellent complement to other sports as well as everyday life as a student. This class will also help your tween learn how to relax and unwind through guided relaxation and breathing techniques, and to focus on the positive with games, stories and crafts. Brief discussions on yoga philosophy and anatomy will round out the course. Wear comfortable clothes. You may bring your own yoga mat or a large towel. Register online at www.pryc.org.

Dates: Tuesdays for six weeks beginning April 6th-May 11th

Time: 6:30-7:30PM

Instructor: Michelle Lawler

Cost: \$60.00

Location: PRYC Auxiliary Gym

YOGA

YOUTH PROGRAMMING

NORTH STAR DEK HOCKEY-AGES 4-12

Don't miss out on this fantastic program where kids learn the fundamentals of dek hockey and put their skill to the challenge with weekend games! Located at the dek hockey rink in Bakerstown, PA, players as young as four years old will have a blast learning the game! Register online no later than March 13th.

Age groups: 4-6, 7-9, 10-12 and 13-15

Dates: March 27th-June 5th (March 27th is the Saturday Orientation day!)

Cost: \$65.00

Practices:

Tuesday ages 4-6 from 6-7PM

Wednesday ages 7-9 from 6-7PM

Thursday ages 10-12 from 6-7PM

Gameplay Saturdays:

Ages 4-6 9:30AM-10:45AM

Ages 7-9. 10:45AM-12PM

Ages 10-12 12PM- 1:15PM

Ages 13-15 1:15PM-2:30PM



Reversible jerseys are available for purchase for \$25, Questions:
northstardek@gmail.com

NORTH STAR DEK HOCKEY-AGES 13-15 DIVISION

Are you a teen ages 13-15 looking to play dek hockey? New for 2021, North Star Dek will offer game play on Saturdays from 1:15PM-2:30PM at the rink in Bakerstown! Grab your friends and come have some competitive fun! All levels are accepted as coaches are ready and able to get players to their best game play potential. Register no later than March 13th. Cost \$65

Ages: 13-15

Games: Saturdays, March 28th-June 6th

Time: 1:15PM-2:30PM

NORTH STAR DEK HOCKEY

YOUTH PROGRAMMING

FRIDAY NIGHT SPRING BLAST CAMP-2021

This Friday night camp style atmosphere has been a sell out! Gym time, crafts, popsicles, Wii Sports, movie night, games, playground, sports and more! There is a limited number of campers in each division so be sure to sign up early! The best part of course is the pizza party on the last night!

Dates: Friday Nights for five weeks April 2nd, April 9th, April 23rd, April 30th, May 7th,

No class April 16th

Cost: \$125 per child, includes pizza party!

Time: 6-9 PM

Instructors: Summer Camp Counselors Adam Finn, Riley Davison, Angelina Finn and Samantha Pugh.

Location: PRYC Field House Gym and Rec Room

Division One: Grades 1 and 2 (Max 15)

Division Two: Grades 3 and 4 (Max 25)

Register Online



FENCING CLASSES– Pittsburgh Fencers Club

Known as the “physical chess”, the Olympic sport of Fencing provides a tremendous physical and mental workout for students of all ages and abilities. Fencing makes exercise fun. Pittsburgh Fencer’s Club provides quality coaching for students with no previous experiences, as well as HS competitors.

Date: March 4th intro class 3:45-4:30PM and intermediate 4:30-5:30

Register by emailing classes@pittsburghfencersclub.com

Cost: 8 weeks \$120.

Ages 7-17

Register Online

YOUTH PROGRAMMING

PRYC– FOLLOW MY LEAD DANCE CAMP

Come and have some fun and make new friends. Participants in grades K-5 will meet four times in this fun and energetic dance camp! Learn new dances, moves and routines! We ask all campers to wear tennis shoes or ballet slippers! No experience necessary. Participants are asked to bring a water bottle. Parents are not permitted to stay in the gym during the session. Register Online.

(Unless the order is lifted, facemasks are required).

Dates: Tuesdays: April 6, 13, 20 and 27

Division One: Grades: K-2 Limit of 15

Division Two: Grades: 3-5 Limit of 15

Time: 5:30PM-6:45PM

Cost: \$60

Lead instructors: Aleta Amend and Ella Schneider

Location: PRYC Field House Gym

YOUTH DODGEBALL

This co-ed dodgeball program was designed to give 4th, 5th and 6th grade students the opportunity to play one of America's favorite sports in a fun and controlled environment. Under the direction of Coach Adam Finn, players will follow standard dodgeball rules with the first night beginning with a brief and general discussion of rules. Please wear tennis shoes, protective eye wear, if needed, and comfortable clothes. Registration is limited to the first 24 players, so don't delay! Register Online

Dates: Thursdays for six weeks beginning April 1st-May 6th

Time: 6-7PM

Instructor: Adam Finn

Cost: \$50

Location: PRYC Auxiliary Gym

YOUTH PROGRAMMING

PRYC IMAGINATION STATIONS

Imagination Stations will offer a unique theme each week for participants to explore, create, run, jump and play! *Imagination Stations is an open concept with no instruction.* Parents and caregivers will enjoy the easy nature of the set up and the simple opportunity to socialize with other adults. Our littlest of friends will use their imaginations to create and run off energy in the gym! All ages are welcome. \$5 per child / per day! 1 and under free. Upon arrival, check in at the front desk to pay. (Unless the order is lifted, facemasks are required for ages 2 and up).

LEGO BUILD, RUN AND JUMP Tuesday, March 16th

12:30PM-1:30PM

The rec room tables will be covered in Legos! Use your imaginations to explore and build away! Register no later than 3/11

PAINT, RUN AND JUMP Tuesday, April 13th

12:30PM-1:30PM

Create away and take home a fabulous canvas creation! Register no later than 4/8

RAINBOW COLLAGE, RUN AND JUMP Tuesday, April 27th

12:30PM- 1:30PM

Spring has sprung and no better way to celebrate than with a rainbow collage! Register no later than 4/22

REGISTER FOR ONE OR ALL OF THE STATIONS BY
CALLING 724-443-3796.

MUST REGISTER BY THE DATE STATED PLEASE

Limited Space Available in Each Station

IMAGINATION STATIONS

YOUTH PROGRAMMING

DRONE ADDICTION FLYING COURSE

Participants in 7th-12th grade will meet every Wednesday for six weeks to fly drones.

This series will allow plenty of flying time as we build and navigate obstacle courses and play flying games too! You do not have to have drone flying experience; we will teach you.



The drones will be provided and class size is limited to 10. Middle and High School age participants will love learning new maneuvers and techniques, plus meeting new friends with similar interests is a plus! (Unless the order is lifted, facemasks are required).

Dates: Wednesdays: April 7, 14, 21 and 28 May 5, 12.

Grades: 7-12

Time: 6PM-7:30PM

Cost: \$130.00

Instructor: Thomas Murrin– Drone Addiction, LLC.

Location: PRYC Field House Gym

Register online at www.pryc.org

Participants are welcome to bring their “toy” drones to fly!



EDUCATIONAL CLASSES

GET IN THE GROOVE *with Positive Steps*—PRYC Meeting Room **Help kids get back on track with their muscle development.**

Everyone has done their best in the pandemic, but we are much less active and we are seeing it in child development. Without gross motor strength, simple things like sitting for longer periods of time to do a task or eat a meal can become more difficult and misunderstood in a child. Learn some tricks to increase your child's gross motor development at home, even while playing video games!

Monday, April 12th at 6:30PM—Sign up by calling 724-443-3796
Cost: Free program for adults!

SUMMER LEARNER: TUTORING

Tutoring sessions for ages 5-16. Is there a skill your child struggled with during the school year? Or, did they fall behind due to Covid-19 school changes? Summer tutoring is here to help with all of your child's academic needs. SEA is offering both virtual and in-person tutoring for the Summer of 2021.

Contact: Jessica Hall-Wirth at jhall@pryc.org



TEST PREP CLASS with GOLDSTEIN TEST PREP

Goldstein Test Prep is dedicated to helping Pittsburgh area students reach their full potential with SAT and ACT test prep programs. The PRYC is proud to support this program and welcomes area students to our location! Visit their website for upcoming courses!

www.goldsteintestprep.com



Teamwork-Friendship-Fun

June 14th - August 20th

School Age Grades *1st – 6th

9AM-4PM

*Must be entering 1st grade in the fall. Sorry, we cannot accept children entering 7th grade

No Camp July 5th

Make plans now for a summer filled with games, sports, crafts, science experiments, skills challenges, talent shows, creative writing workshops, in-house field trips, Lego labs and so much more!

Registration begins at 9AM Monday, February 8th **ONLINE!**

\$100 Deposit Per Child plus \$35 Registration Fee Per Family
Due at the Time of Booking (Both Non Refundable)

Flexible Scheduling

1 Day

Rate: \$52

2 Day

Rate: \$101

3 Day

Rate: \$136

4 Day

Rate: \$164

5 Day

Rate: \$186

Multiple Child Discounts



REGISTER ONLINE ONLY AT WWW.PRYC.ORG

DUE TO THE POPULARITY OF THIS PROGRAM, SPACE WILL FILL FAST.

PRYC Breakfast

Club: 7:30AM-9AM (bring a breakfast, enjoy free play) \$10

PRYC Free Time

Club: 4:00PM-6PM
(bring a snack, enjoy free play) \$10

FITNESS CLASSES

ZUMBA—Salsa Your Way into Spring!

Thursday nights are YOUR night to dance. Dancing is good for the heart and soul; it's the cardio workout that doesn't even feel like work! Join Zumba instructor, Shelby Campbella, as she leads you through heart-pumping and motivating music that will alternate between fast and slow rhythms. New to Zumba? Don't worry, Shelby will guide you through class with her energy and reassuring smile; follow her cues and modifications. Her students will tell you that this class is a dance party and you will leave wearing a smile.

A few reviews...

"Thank you for such an uplifting class!!"
- Diane

"I wasn't sure about Zumba at first- now, I do what feels good for me and I don't know why I waited so long!!"
-Katelynn

"I love being together!! The energy we share feels so good!"
-Kelley



Date: Thursdays, April 1st through May 20th (8 weeks)

Time: 6:30PM-7:20PM

Cost: \$65

Location: PRYC Field House Gym

Instructor: Shelby Campbella

Register online at www.pryc.org

ADULT & SENIOR PROGRAMMING

COOKIE CLUB– *The Most Popular Cookie from Every Decade*

The Cookie Club is coming to the PRYC! Share recipes, socialize, meet new people and sample cookies brought in! If the Cookie Club takes off, we will make it a regular once a month meeting; for now, let's start with two scheduled dates. Choose a decade and bake a dozen to share! Tea and Coffee provided!

Friday, April 16th (1910 and 1920 Oatmeal and Molasses)

Friday, May 21st (1930 and 1940 Icebox and Chocolate Chip)

10AM-11AM in the PRYC Meeting Room!

Register by calling 724-443-3796.

We need a minimum of 4 to get up and running!

SILVER SNEAKERS WALKING

Join us at the PRYC as we are Silver Sneakers approved facility. We offer a walking track, along with the Anytime Fitness Weight Room that hosts an elliptical, bike, and treadmill for members use. Walkers are welcome in the morning between the hours of 9:30AM-11:30AM to use our track. (April/ May)

Our indoor track is great for inclement weather days or for those people who may need a rest break on our bleachers! There is no charge to visit us as a SS member, simply sign up at the front desk by showing your Silver Sneakers membership card. Do you want to walk but are not a SS member? No problem. We offer memberships for \$30 a year, or \$5 a visit.

PRYC GOLF OUTING

Save the Date! The PRYC Golf Outing is scheduled for Monday, July 26th! Interested parties should touch base with Larry Bracco via email: lbracco@pryc.org.

ADULT & SENIOR PROGRAMMING

WALKING AND FITNESS

Join us for walking on our indoor track from 9:30AM-11:30AM Monday through Friday! Silver Sneakers memberships are accepted or \$30 Senior Membership for the year! Access to the Anytime Fitness room is also available during that time.

MEN'S BASKETBALL

Join other area men playing basketball and getting in shape! Teams will be formed based on number of players in attendance. This program is sponsored by our good friends at Anytime Fitness. \$3 drop in fee each session due at the front desk in cash please. Or, players may choose to pay a \$40 one time fee. Simply show up any night, no registration required. Ages: 18 and up—Masks a must unless order is lifted.

Date: Tuesdays and Thursdays beginning March 30th - June 10th

Time: 7:30PM-9PM

Cost: \$3 per visit or \$40 pay ahead

Location: PRYC Field House Gym

Group Leader: Anytime Fitness Staff

SENIOR HOOPS

Senior pick up basketball is here! Stop in to the PRYC and shoot around with others! Bring a basketball and get moving ~ This is a self run program available to seniors in our community. No pre-registration needed!

Date: Fridays March 5th – May 28th

Time: 1-2:30PM

Cost: \$3 per visit or \$30 yearly membership.

RYF PRESCHOOL



Preschool (3 years old before December 2021)

AM Tuesday and Thursday
AM/PM Monday, Wednesday and Friday

The goal of the Preschool Program is to encourage social, physical and cognitive development through thoughtful and purposeful interactions. The Creative Curriculum and Handwriting Without Tears are integrated to establish developmentally appropriate learning goals. Intentional teaching practices engage students in dynamic classroom experiences helping them naturally expand their knowledge and skills. Playful, active learning is critical for healthy brain development. We understand that toilet training is a unique process for each child and strive to support your efforts. Students do not need to be fully toilet trained to participate in the Preschool Program.

K-Prep (4 years old before September 2021)

AM/PM Monday, Wednesday and Friday
AM/PM Monday, Wednesday, Thursday and Friday
AM Monday, Tuesday, Wednesday, Thursday, Friday

Through project-based learning, engaging classroom centers and teacher directed activities K-Prep students are encouraged to practice physical, academic and social skills. The Creative Curriculum and Handwriting Without Tears are integrated to establish developmentally appropriate learning goals. We encourage critical thinking skills while expanding on knowledge in the key areas of math, science and literacy. Students build a strong foundation of learning skills and leave Kindergarten ready.



Visit pryc.org for tuition rates and detailed information!



Preschool

Explore, Grow, Learn

AM 9:15-12:15

PM 12:30-3:00

2 day per week AM session (T, TH)

3 day per week AM or PM session (M, W, F)

36 Months

Before Dec. 2021

Group Size

Limited to 14
with 2 teachers.

**We promote
independence, social
and developmental skills
through...**

- Early Literacy Activities
- STEAM Activities
- Music and Art
- Sensory Play
- The respect and celebration of community, culture and diversity.
- Physical Fitness
- Speakers and Field Trips



Intentional teaching practices engage students in dynamic classroom experiences helping them naturally expand their knowledge through thoughtful and purposeful interactions.

**Handwriting
Without Tears**

Uses multi-sensory, developmentally appropriate strategies to increase success with early writing skills.



Potty Training???

We understand that toilet training is a unique process for each child and strive to support your efforts. Preschoolers do not need to be fully trained to enroll.

Class Dojo

We utilize the app Class Dojo to share our daily class experiences, communicate with parents and deliver school messages.



K-Prep

Kindergarten Ready

AM 9:15-12:15

PM 12:30-3:00

3 days per week AM session (M, W, F)

4 days per week AM or PM session (M, W, TH, F)

5 days per week AM session (M-F)

48 Months

Before Sept. 2021

Group Size

Limited to 16
with 2 teachers.

**Engaging learning centers
and teacher directed
activities promote
kindergarten readiness.**

- Pre-reading and STEAM focus.
- Journaling.
- Exploring the arts.
- The respect and celebration of community, culture and diversity.
- Physical Fitness
- Speakers and Field Trips



**Intentional
teaching practices
engage students in
dynamic classroom
experiences helping
them naturally
expand their
knowledge through
thoughtful and
purposeful
interactions.**

**Handwriting
Without Tears**

Uses multi-
sensory,
developmentally
appropriate
strategies to
increase success
with early writing
skills.

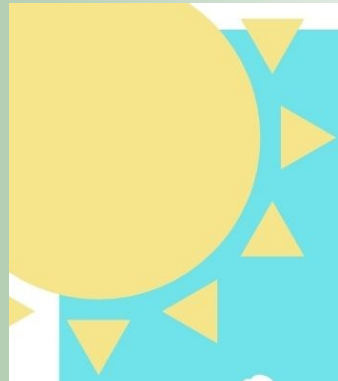


Class Dojo

We utilize the app Class Dojo to share our daily class experiences, communicate with parents and deliver school messages.

Developmentally Appropriate Learning Goals

We monitor the progress of each student and individualize goals and practice to meet their unique needs. Progress is shared in February and May.



Summer Programming

Students with
Exceptional
Abilities (S.E.A.)



Sign Up Today!

Contact:
Jessica Hall-Wirth
jhall@pryc.org

Online:
www.pryc.org/sea

June -
August
2021





STOP IN TO VISIT US!



**FLEXIBLE SCHEDULING &
SCHOLARSHIPS AVAILABLE**

A collection of seven school supplies arranged in two rows. The top row contains a ruler, a set square, a pair of scissors, an eraser, and a stapler. The bottom row contains a pencil and a crayon. All items are rendered in a simple, stylized manner with blue outlines and yellow fills.

DID YOU KNOW?



The PRYC is home to BAC Training Academy. This dog obedience academy is run directly out of the PRYC Auxiliary Gym and when it is nice outside, the program moves to the field space! Sue Bac, owner and instructor, looks forward to your call to discuss any questions or concerns that you may have. Our next training session will begin on Friday, February 26th in the evening! Call for more details and to register!

412-767-4666.

BAC Training Academy was started over 40 years ago! The mission and goals have stayed the same:

- Take care of our customers and pets.
- Making sure the dogs have the best training available.
- Socialization for the dogs.
- Developing the human-animal bond.
- Professional and knowledgeable instructors.



PRYC 12th ANNUAL TRAP SHOOT Fundraiser Benefit

Saturday, March 27TH-2021

Registration 8am

Coffee, Donuts & Lunch

Event 9am – Noon

Rain or Shine

Location: North Side Sportsmen's Association, Warrendale, PA

FEES: Per Shooter: \$120 Squad: \$600

*Fee includes 2 boxes of 12 gauge shells

Please bring your 12 gauge shotgun, shooting glasses, and ear protection

Deadline to Register March 20th

Email lbracco@pryc.org to Register!



Get your logo out there! Interested in sponsoring this event? We will advertise directly to over 2000+ community residents as well as recognition the day of the event!

SPONSORSHIP CATEGORIES:

Shell & Target	\$2,500	includes one squad
Trap House Advertising	\$2,000	includes one squad
Lunch	\$1,750	includes one squad
Awards	\$1,500	includes one squad
Shooting Stand Sign	\$300	including a shooter

THE PINE-RICHLAND YOUTH CENTER IS A NON-PROFIT ORGANIZATION

AMERICAN RED CROSS BABYSITTER TRAINING-TENTATIVE

The purpose of this course is to provide the youth, or anyone age 11 or over the information and skills necessary to provide safe and responsible care for children in the absence of parents or guardians. This training will help participants develop skills in leadership and professionalism, basic care, safety and safe play and first aid. Participants are not certified in AED & CPR or First Aid but are introduced to the concepts. They are encouraged to register for an American Red Cross First Aid, CPR & AED course to be trained in these skills. The class can last anywhere from 7-8 hours.

COMING SPRING OR SUMMER

Date: TBD

Ages: 11 years and up

Cost: \$65

Time: 9AM-5PM (please pack a lunch)

Instructor: Pete Geis

Minimum of 10 to run the class.

Call the front desk to be put on a waitlist 724-443-3796

The PRYC is open to the public for meeting room, conference room and gym rentals. We offer tours of the facility and will help you find the best room to suite your needs.

Please note that the PRYC does not host birthday, graduation or celebratory parties.



The Pine-Richland Youth Center is a non-profit organization that relies on community involvement within programs offered, as well as the generous donations from our community and business partners. 100% of the proceeds donated to the PRYC is put directly back into programming. We host three large fundraising initiatives each year: Casino Night (November), Trap Shoot (March), and Golf Outing (July).

Email Larry Bracco at lbracco@pryc.org to get involved. today!



Interested in a soccer program for your child? The PRYC is in a great partnership with the Quick Skills Soccer program. We encourage parents who are interested in a youth soccer skills program to reach out to Jerry Concannon with Quick Skills Soccer for more information. Visit www.soccerquickskills.com today!

A great supporter of the PRYC is the Total Futsal program! Futsal is great fun and keeps players fresh and excited to learn new skills. Visit totalfutsal.us for up to date team information and news.



Goldstein Test Prep is dedicated to helping Pittsburgh area students reach their full potential with SAT and ACT test prep programs. The PRYC is proud to support this program and welcomes area students to our location! Visit their website for upcoming courses! www.goldsteintestprep.com

**Goldstein
Test Prep**



PITTSBURGH FENCERS' CLUB

Pittsburgh Fencer's Club has been operating a Tuesday class out of the PRYC and is looking for new students! Visit <http://pittsburghfencersclub.com/wordpress1/> for more information.